

# Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b> £1.90	TURKEY BURGER	CHILLI CON CARNE WITH SALSA & SOUR CREAM	CHICKEN & MUSHROOM PIE	SWEET & SOUR PORK	BATTERED FISH WITH PEAS & TARTAR SAUCE
<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>					
<b>PLANT BASED / VEGETARIAN</b> £1.80	STUFFED PEPPER WITH SAVOURY RICE	QUORN CHILLI BURRITO WITH SALSA & SOUR CREAM	VEGETABLE LASAGNE	VEGETABLE STIR FRIED NOODLES	MUSHROOM STROGANOFF
<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>					
<b>STREET FOOD</b> FROM £1.80	CHICKEN SHAWARMA FLATBREAD WITH SPICY VEGGIES AND RICE	SPICY BEEF BURRITOS WITH FRESH SALSA AND SPICY RICE	LAMB KOFTA FLATBREAD, SERVED WITH TZATZIKI AND SALAD	THAI GREEN CHICKEN CURRY TORTILLA BOWLS	ONION BHAJI FLATBREAD WITH SWEET CHILLI 'SLAW
<b>TAKEAWAY TUBS</b> FROM £1.20	MEATBALLS ITALIANO	SPICY CHICKEN WINGS	CHICKEN ALFREDO	CHILLI BEEF CON CARNE	BBQ CHICKEN WINGS
	PENNE ARRABIATA	ONION BHAJI WITH MINT SAUCE	SPAGHETTI POMODORO	MAC 'N' CHEESE	PASTA BRAVAS
<b>PIZZA SLICE</b> FROM £1.08	MARGHERITA PEPPERONI	MOZARELLA & PINEAPPLE HAWAIIAN	MARGHERITA SPICY CHICKEN	TOMATO, GREEN CHILLI, MOZZARELLA AMERICAN HOT	MARGHERITA BBQ CHICKEN
<b>JACKETS</b> 77p	<b>TRY OUR DELICIOUS FILLINGS FOR 50p EACH</b>				
<b>DESSERTS</b> 55p	STEAMED TREACLE SPONGE & CUSTARD	PANCAKE BAR	BANOFFEE PIE	APPLE TURNOVER WITH CUSTARD	CHOCOLATE MARBLE CAKE & ICE CREAM

## Meal Deal

Main Meal  
With Vegetables  
And Dessert



+



+



## £2.30

All Of Our Main Meals,  
Sandwiches & Desserts Are  
Freshly Made On Site Every Day