

Break

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THE BAKERY FROM 90p	PANCAKES	BAGEL	PRETZEL	CHEESE SCONE	WAFFLES
PLANT BASED FROM £1.15	VEGETABLE SAMOSAS	VEGAN BANANA BREAD	CHEESY VEGAN SCONES	SPICY VEG PAKORAS	BEETROOT FALAFEL
HOT BREADS & SLICES FROM £1.25	MARGHERITA PIZZA	BREAKFAST PIZZA	BBQ CHICKEN PIZZA	HAM & PINEAPPLE PIZZA	HOT & FIERY PIZZA
	CHEESE & BEAN WRAP	BEAN, HASH BROWN WRAP	EGG & CHEESE WRAP	ROASTED TOMATO & MUSHROOM WRAP	EGG, BACON & BEAN WRAP
THE CAKE SHOP FROM £1.00	CHOC & BEETROOT BROWNIE	FRUITY SCONE	STRAWBERRY CHEESECAKE	POPCORN ROCKY ROAD	WAFFLE
	TOFFEE & BANANA MUFFIN	ICED LEMON SLICE	OAT RAISIN COOKIES	LEMON DRIZZLE CAKE	COURGETTE MUFFIN
ON THE SIDE FROM 75p	STRAWBERRY YOGHURT	TOFFEE MOUSSE	RASPBERRY JELLY	LAYERED FRUIT POT	LIME JELLY
	LEMON MOUSSE	NATURAL GREEK YOGHURT	MINT SUNDAE	STRAWBERRY YOGHURT	SUMMER TRIFLE
SALADS FROM £1.60	MEZZE SUNDRIED TOMATO AND MOZZARELLA POT	MARINATED EDAMAME & SOYA BEANS, ROASTED VEGETABLES & COUS COUS	CHAR CHICKEN CEASAR SALAD	BANG BANG VEGETABLES WITH NOODLES	SUPERFOOD SALAD WITH VIETNAMESE VEGGIE ROLLS

**Hot Dogs,
Burgers &
Sausage Rolls** From
£1.40

Baguettes
From £1.90
Different Breads with Different
Spreads From £1.30

Paninis
From £1.90



**Fresh
fruit**
Only 60p



**Smoothie
of the day**
Only £1.00