

MENU

Week 1:

Week Commencing:

3rd January, 24th January, 21st February and 14th March

HALAL
OPTIONS
AVAILABLE
EVERY DAY



**MEAL
DEAL
SAVERS!**

Meal Deal

Buy a
Main Meal

with a
Dessert
for only

£2.30

(Save 50p)

**Special
Days!**

LOOK OUT FOR SPECIAL MENUS

CHINESE NEW YEAR
TUESDAY 1ST FEBRUARY

RED NOSE DAY
FRIDAY 18TH MARCH

NATIONAL BBQ WEEK
3RD - 6TH MAY

PLATINUM JUBILEE
STREET PARTY
FRIDAY 27TH MAY

WIMBLEDON GREAT
BRITISH PICNIC
FRIDAY 24TH JUNE

MON

Beef Chilli Con Carne, Served with Tortilla Chips, Sour Cream and Jalapenos **(Mk)**

Vegetarian Mince Chilli Con Carne, served with Tortilla Chips, Sour Cream and Jalapenos **(So,Mk)**

BBQ Chicken Sub Roll **(G,Mk)**

Apple and Pear Crumble with Custard **(G,Mk)**

TUE

Hoisin Chicken with Singapore Noodles and Chinese Veg **(So,E,G)**

Singapore Noodles with Quorn Teriyaki, Chinese Vegetables **(So,G,E)**

Optional Extras
Spring Rolls **(G,So)**
Prawn Crackers **(Su,Cr)**

Gourmet Beef Burger in a Floured Bap with Ketchup **(G,Mk)**

Warm Sultana Flapjack **(G,Mk)**

WED

Roast Turkey

Roast Vegetarian Loaf **(Mk,E)**

Served with Sage and Onion Stuffing **(G,Mk,E)**, Gravy and Cranberry Sauce

Crispy Roast Potatoes
Carrots and Peas

Jumbo Hot Dog with Ketchup **(G,Mk)**

Treacle Tart and Custard **(So,Mk,E,G)**

THU

Chicken Tikka Masala **(Mk,Mu)**

Spinach, Sweet Potato and Lentil Dahl **(Mk)**

Pilau Rice
Mango Chutney
Mint and Yoghurt Sauce **(Mk)**

Optional Extras
Bombay Potatoes
Naan Bread **(G,Mk)**

Mac and Cheese with Garlic Bread **(G,Mk,Mu)**

Jam Sponge and Custard **(G,Mk,E)**

FRI

Battered Fish Fillet with Lemon Wedges **(F,G)**

Jumbo Sausage Roll **(G,E)**

Cheese and Onion Pattie **(G,So,Mk,E)**

Oven Baked Chips
Garden Peas
Baked Beans
Tartare Sauce **(Mu,Mk,E,Su)**

Roasted Vegetable and Mozzarella Pizza with Oven Chips **(G,Mk)**

Chocolate Brownie with Custard **(G,Mk,E)**

£1.90

MAIN
fresh flavours

£1.75

GLOBAL
a world of flavour

£0.90

PUDDING
sweet treat

ALLERGENS

F = Fish
G = Cereals
Cr = Crustacean
E = Eggs
Mk = Milk
Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

LOOK OUT FOR LIMITED EDITION RECIPES FROM OUR MONTHLY BOOSTING INGREDIENT!

grain
filling foods

&

brain
boosting foods

MENU

Week 2:

Week Commencing:

10th January, 31st January, 28th February and 21st March

HALAL
OPTIONS
AVAILABLE
EVERY DAY



**MEAL
DEAL
SAVERS!**

Meal Deal

Buy a
Main Meal
with a
Dessert
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LOOK OUT FOR SPECIAL MENUS

CHINESE NEW YEAR
TUESDAY 1ST FEBRUARY

RED NOSE DAY
FRIDAY 18TH MARCH

NATIONAL BBQ WEEK
3RD - 6TH MAY

**PLATINUM JUBILEE
STREET PARTY**
FRIDAY 27TH MAY

**WIMBLEDON GREAT
BRITISH PICNIC**
FRIDAY 24TH JUNE

MON

Classic Beef Burger
(G,Su,Mk,Ce)

Spicy Chicken
Burger
(G,Mu)

Falafel Burger (G)

All Served in a
Brioche Bun
(G,So,E,Mk),
Mayonnaise (E)
Shredded Iceberg
Ketchup and Chips

Penne Pasta with
Beef Bolognese
Sauce
(G,Mk)

Raspberry Jam
Sponge with
Custard
(G,Mk)

TUE

Slow Cooked
Shredded Chicken
Tacos with Spicy
Beans, Rice and
Sour Cream, served
with Corn
(Mk)

Spicy Vegetable
Tacos with Spicy
Beans, Rice and
Sour Cream, served
with Corn
(Mk,So)

Baked Fish Finger
wrap, filled with
Oven Baked Chips
(G,F,E)

Lemon Drizzle with
Custard
(G,Mk,E)

WED

Roast Gammon

Roast Vegetarian
Loaf
(Mk,E)

All served with
Gravy, Accent Sage
and Cranberry
Stuffing (G,Mk,E)

Crispy Roast
Potatoes
Carrots and Peas

Beef Keema Curry
with Crushed
Poppadums'
(Mu)

Mixed Berry
Flapjack
(G,Mk)

THU

Beef Lasagne
Served with Chef's
Seasonal Salad and
Garlic Bread
(G,Mk)

Mediterranean
Vegetable Lasagne
Served with Chef's
Seasonal Salad and
Garlic Bread
(G,Mk,E,So)

Southern Fried
Chicken Wrap and
Baked Cajun
Wedges
(G,MK,E)

Chocolate Sponge
with Chocolate
Sauce
(G,MK,E)

FRI

Battered Fish Fillet
with Lemon Wedges
(F,G)

Jumbo Sausage Roll
(G,E)

Cheese and Onion
Pattie
(G,So,Mk,E)

Oven Baked Chips
Garden Peas
Baked Beans
Tartare Sauce
(Mu,Mk,E,Su)

BBQ Pulled Chicken
Ciabatta
(MK,G)

Strawberry
Cheesecake
(G,Mk)

£1.90

MAIN
fresh flavours

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PUDDING
sweet treat

ALLERGENS

F = Fish
Ce = Celery
Cr = Crustacean
E = Eggs
G = Cereals
containing Gluten
L = Lupin
Mk = Milk
Mo = Molluscs
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MENU

Week 3:

Week Commencing:

17th January, 7th February, 7th March and 28th March

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EVERY DAY



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DEAL
SAVERS!**

Meal Deal

Buy a
Main Meal

with a
Dessert
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**Special
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LOOK OUT FOR SPECIAL MENUS

CHINESE NEW YEAR
TUESDAY 1ST FEBRUARY

RED NOSE DAY
FRIDAY 18TH MARCH

NATIONAL BBQ WEEK
3RD - 6TH MAY

**PLATINUM JUBILEE
STREET PARTY**
FRIDAY 27TH MAY

**WIMBLEDON GREAT
BRITISH PICNIC**
FRIDAY 24TH JUNE

MON

Pork Sausages
(G,Su)

Chicken Sausage
(G,Su)

Veggie Sausages
(G,Mu,So,Su)

Creamed Potatoes
(Mk)

BBQ Beans
(Ce,G,So,Su)

Garden peas
Onion Gravy

Turkey Gyros with
Yoghurt and mint,
Pitta Bread with
Crunchy
Mediterranean
Salad
(G,Mk)

Syrup Sponge and
Custard
(G,Mk,E)

TUE

Signature "Deep
Pan" Pizza

Pepperoni (G,So,Mk)

BBQ Chicken
(G,So,Mk,Ce)

Cheese & Tomato
(G,So,Mk)

Potato Wedges and
Chef's Salad

Optional Extras
Garlic Pizza Bread Slices
(Mk,G) and Coleslaw
(Su,Mu,Mk,E,G)

Spicy Chicken
Burger in a Brioche
Bun
(G,Mk)

Lemon and Lime
Cake
(G,Mk,E)

WED

Roast Chicken

Roast Vegetarian
Loaf
(Mk,E)

Served with Gravy,
Sage and Onion
Stuffing (G,Mk,E)

Crispy Roast
Potatoes
Carrots and
Cabbage Wedges

Sweet Chilli
Vegetable and
Bean Burrito with
Salad
(G,Mk)

Apple Pie with
Shortcrust Pastry
and Custard
(G,Mk,E)

THU

Chicken Jalfrezi
(Mu), Coriander
Rice, Mint Yoghurt
(Mk) and Mango
Chutney

Vegetable Jalfrezi
(Mu), Coriander
Rice, Mint Yoghurt
(Mk) and Mango
Chutney

Optional Extras
Bombay Potatoes
Naan Bread (G,Mk)

Meatballs Sub with
Cheddar with
Wedges
(G,Mk)

Spiced Apple
Sponge and
Custard
(G,Mk,E)

FRI

Battered Fish Fillet
with Lemon Wedges
(F,G)

Jumbo Sausage Roll
(G,E)

Cheese and Onion
Pattie
(G,So,Mk,E)

Oven Baked Chips
Garden Peas
Baked Beans
Tartare Sauce
(Mu,Mk,E,Su)

Mexican Pulled
Chicken and Bean
Taco with Savoury
Rice
(Mu,Mk)

Sticky Toffee
Pudding
(G,Su,Mk,E)

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