

MENU *Week 1:*

1st September, 13th September,
27th September and 11th October



Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.30

(Save 50p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Greek garlicky, lemon
Chicken with brown
rice and broccoli

TUESDAY

Oriental sizzling stir fry
Kung Po Chicken with
shredded greens
(G,So)

WEDNESDAY

Wholemeal Pasta Bake
with beef bolognaise
and chef's salad (G,Mk)

THURSDAY

Turkey Gyros with
yoghurt & mint, pitta
bread & crunchy
Mediterranean. salad
(G,Mk)

FRIDAY

Salmon Fishcake
Chef's salad and baked
wedges (G,So,Mu,F,E)

£1.75

Eat
smart

£1.90

Theme
bar

Sizzling Sausages

Pork Sausages (Su,G)
Chicken Sausages
(Su,G)
Veggie Sausages
(Su,So,Mu)
Hot dog buns (G)
Slow cooked onions
BBQ Beans (Su,So,G,Ce)
Creamy Mash (Mk)
Cajun seasoned potato
wedges (Mu)

Masala Days

Chicken Tikka Masala (G)
Homemade Giant
Vegetable Samosas
(G,Mu)
Pilau rice (Mk)
Naan bread (G,Mk)
Mango Chutney
Onion Salad
Mint and Yoghurt sauce
(Mk)

Best of British

Roast Turkey
Roast lentil loaf
(G,So,Mu,Ce)
Accent sage and
cranberry Stuffing
(G,Mk,E)
Cranberry Sauce
Roast Potatoes
Roasted Carrots
Bloomer Sand. (G,Mk)
Crusty baguette (G,Mk)

All about Chilli

Chilli con carne (Mu)
sour cream (Mk)
Sloppy Joe Veggie dog
(G,Su,So,Mu,Mk)
Chipotle potato wedges
Red bean and chilli jam
salad

Fish and Chip Shop

Battered Fish Fillet (G,F)
Cheese and Onion
Pattie (G,So,Mk,E)
Oven baked Chips
Mushy Peas
Baked Bean
buttered rolls (G,Mk)
Chunky Tartare sauce
(Su,So,Mk,E)
Ketchup

£0.90

Hot
puds

Apple and mixed berry
crumble with ice
cream
(G,Mk)

Lemon and poppy seed
sponge with custard
(G,Mk,E)

Sticky toffee pudding
(G,Su,Mk,E)

Chocolate brownie
sponge pudding with
chocolate sauce
(G,Mk,E)

Banana
Tea bread (G,Mk,E)

£1.75

Fully
loaded

Pepperoni Signature
pizza with coleslaw
(G,Mk,E)

Tuna and red onion
Panini with seasoned
wedges (G,Mk,F,E)

Mexican Chicken and
salsa
loaded Jacket (Mu,E)

Belgian frites with
Chicken Curry

Hawaiian Ham and
Pineapple Signature
Pizza with chips (G,Mk)

Baked Beans and
cheddar loaded
Jacket (Su,So,Mk,Ce)

Penne Bolognaise Pasta
with cheesy garlic bread
(G,So,Mk)

Sticky rice with Thai
Green Curry (G,So)

Ham and Cheese Panini
with seasoned wedges
(G,Mk)

Penne Carbonara
Pasta with cheesy
garlic bread (G,So,Mk)

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

well
seasoned.
perfectly picked ingredients, cooked from scratch

Look out for exciting
new recipes to try
from our ingredient
of the month!

MENU *Week 2:*

6th September, 20th September,
4th October and 18th October



Meal Deal

Buy a
Main Meal
with a
Dessert
for only
£2.30

(Save 50p)

THEME DAYS

8TH SEPT
AMERICAN DAY

6TH OCT
GERMAN DAY

5TH NOV
BONFIRE NIGHT

1ST - 16TH DEC
12 DAYS OF CHRISTMAS

MONDAY

Smoky BBQ Turkey,
savoury rice and corn
(G,Su,So,Ce)

American Diner

Buffalo Chicken
(Mk,G)
Crispy Corned Beef
Hash (Su,So,Mu,Ce)
Boston Beans
(G,Su,So,G,Ce)
Cornbread (G,Mk,E)
Cajun potatoes (Mu)
BBQ Baked Beans
(Su,So,CE)
Coleslaw (E)

Key Lime Pie
(G,Mk)

BBQ Pulled Pork
Signature Pizza with
coleslaw (G,Su,Mk,E)

Chinese chip shop
Chicken curry loaded
jacket (So,Mu,G)

TUESDAY

Cajun grilled Halloumi
burger coleslaw and
baked Cajun wedges
(G,Mu,Mk,E)

Beautiful Burgers

Classic Beef Burger (G)
Brioche (G,So,Mk,E)
Pitta (G)
Spicy Chicken Burger (G,Mu)
Brioche (G,So,Mu,Mk,E)
Pitta (G,Mu)
Mayonnaise (E), shredded
iceberg, fried onions (G,Mk)
and ketchup
Oven Chips
Sliced Cheese (Mk)

Pineapple upside down
cake with custard
(G,Su,Mk,E)

Roasted Vegetable
mozzarella Panini with
seasoned wedges
(G,Mk)

Tuscan Meatballs loaded
Penne Pasta with garlic
bread (G,So,Mk)

WEDNESDAY

Turkey meatballs with
pasta and spicy tomato
sauce (G)

Best of British

Roast Chicken & gravy
Roast lentil loaf
(G,So,Mu,Ce)
Accent sage and
cranberry Stuffing
(G,Mk,E)
Roast Potatoes
Roasted Carrots Baton
Cabbage wedges
Bloomer Sand. (G,Mk)
Crusty baguette
(G,Mk)

Apple Crumble and
custard
(G,Mk)

Chilli con carne and
sour cream loaded
Jacket (Mu,Mk)

Sticky Rice with
Nutless Satay Chicken
(G,So)

THURSDAY

Baked Tandoori
Chicken, scented rice
and naan (G,Mk)

Asian Station

Beef Keema curry with
peas
Vegetable Stir fry
Noodles with sweet
and sour sauce (G,E)
Steamed rice
Prawn crackers (Su,Cr)
Asian crunchy Salad (F)

Lemon Blondie
(G,Mk,E)

Belgian loaded frites
with cheese sauce and
crispy bacon bits
(G,Mu,Mk)

Pepperoni Panini with
Seasoned wedges
(G,Mk)

FRIDAY

Baked Fish Finger wrap,
filled with oven baked
chips and pea shoot
salad (G,F,E)

Fish and Chip Shop Friday

Battered Fish Fillet (G,F)
Veggie Keema Pattie
(G,So,Mu,E)
Oven baked Chips
Mushy Peas
Baked Beans
buttered rolls (G,Mk)
Chunky Tartare sauce
(Su,So,Mk,E)
Ketchup

Jam Roly Poly and
Custard (G,Mk)

Meat Feast Signature
Pizza with chips
(G,So,Mk)

Baked Sausage Ragù
Penne Pasta with garlic
bread (G,Su,So,Mk)

£1.75

**Eat
smart**

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**Theme
bar**

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**Hot
puds**

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**Fully
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